



*Freshly prepared for you in the forest*



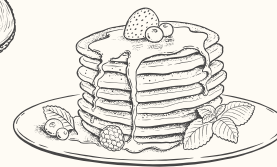
## BREAKFAST - SERVED UNTIL 11:30am

<b>The Full</b> <small>GFO 1,220kcal</small>	<b>£13.00</b>	<b>Stacked sandwiches</b>	
Two bacon rashers, two sausages, two fried eggs, beans, hash browns, flat mushroom, beef tomato, black pudding and a bloomer toast slice with butter		Choose from:	
<b>The Half</b> <small>GFO 523kcal</small>	<b>£9.00</b>	Triple bacon <small>GFO 786kcal</small>	<b>£6.50</b>
Bacon rasher, sausage, beans, beef tomato, flat mushroom, fried egg and a bloomer toast slice with butter		Triple sausage <small>GFO 742kcal</small>	<b>£7.00</b>
<b>The Vegan</b> <small>VE 725kcal</small>	<b>£10.00</b>	Triple vegan sausage <small>VE 424kcal</small>	<b>£6.00</b>
Two sausages, beans, flat mushroom, hash brown, half avocado, beef tomato and a bloomer toast slice		<small>*For gluten-free options, we use ciabatta</small>	
<b>The Baked</b> <small>V 497kcal</small>	<b>£9.00</b>	<b>Half avocado on toast</b> <small>V, VEO, GFO 663kcal</small>	<b>£10.00</b>
Warm croissant, tea cake, pain au chocolat, bloomer toast, strawberry jam and butter		With two eggs, beef tomato, seeds, dill and crushed chillis, stacked on sourdough bread	
		<b>American-style pancakes</b>	
		With your choice of toppings:	
		Berries and banana <small>VE 471kcal</small>	<b>£7.00</b>
		Beechwood smoked bacon and maple syrup <small>599kcal</small>	<b>£7.00</b>
		Nutella <small>V 653kcal</small>	<b>£6.00</b>

*Fancy a bigger breakfast?*

**SPEAK TO THE TEAM TO ADD ON AS MANY EXTRA ITEMS\* AS YOU LIKE.**

\*Extra breakfast items will incur an additional cost



**GLUTEN-FREE AND VEGAN OPTIONS AVAILABLE**  
*ask our team for details*

## LUNCH AND LIGHTER BITES - SERVED FROM 12pm

### From the Deli

*Our freshly prepared deli choices make lunch deliciously easy.*



**Sandwiches\*** **£11.00**  
Choose from wholemeal 258kcal, white 247kcal or sourdough 253kcal bloomer bread. All served with our signature forest slaw 92kcal, light salad 3kcal and yummy fries 346kcal.

Baked ham, Emmental, beef tomato and chutney GFO 680kcal  
Chicken, iceberg lettuce and tomato GFO 460kcal  
Hummus, avocado and beef tomato VE, GFO 686kcal  
\*Kcal declarations are for the white bloomer bread option

**Paninis** **£11.00**  
Ham and Emmental cheese 654kcal  
Tuna and mozzarella 555kcal

**Ciabatta**  
Southern fried chicken and bacon 679kcal **£11.00**  
Breaded fish, iceberg lettuce and beef tomato 486kcal **£12.00**  
Buttermilk chicken club with iceberg lettuce, beef tomato and mayonnaise 561kcal **£11.00**

### Signature stonebaked flatbreads

*A tasty Khobez-style flat bread, brushed with garlic butter and packed with a choice of fresh, aromatic fillings. All topped with chimichurri, rocket and pickled pink onion.*

Boneless sweet chilli chicken tenders 843kcal **£12.00**  
Vegan bites with sweet chilli sauce VE 723kcal **£12.00**  
Feta, dill and flat mushroom V 674kcal **£10.00**

### Baked potatoes

*A firm forest favourite, oven-baked and topped with a choice of classic spud fillings, forest slaw and a light salad.*

Baked ham and mozzarella GFO 550kcal **£8.00**  
Tuna mayonnaise GFO 481kcal **£7.00**  
Baked beans and cheese V, VEO, GF 600kcal **£7.00**  
Smoky bean chilli VE, GFO 495kcal **£8.00**

**Cook's soup of the day** VE, GFO 295kcal **£6.00**

*Served with bread and British butter.*

*Ask us what's on today.*



# TASTY MAINS

SERVED FROM 12pm

## HOT RICE BOWLS

Our hearty hot bowls start with a base of steamed white rice and smashed avocado garnish, with half a flame-baked garlic and coriander naan.

### Build your bowl:

Smoky bean chilli VE, GFO 656kcal	£10.00
Rainbow vegan curry VE, GFO 669kcal	£11.00

## BURGERS

Our mouthwatering burgers are bursting with flavour, served in a grill-marked bun topped with beef tomato and iceberg lettuce with forest slaw 92kcal on the side.

Add skin-on fries 346kcal or baked potato 150kcal.



### Signature loaded GFO 1,052kcal £16.00

Two beef patties, bacon, panko-breaded onion rings, Emmental cheese and chimichurri

### Double beef GFO 906kcal £14.50

Two beef patties with Emmental cheese

### Buttermilk chicken 398kcal £13.50

Coated, crispy chicken fillet

### Plant VE 559kcal £13.50

Packed full of plant protein and an irresistible flavour

### Breaded veggie V 599kcal £13.00

Lightly seasoned, coarse vegetables in a light breadcrumb coating

### Jumbo fish 491kcal £14.00

Prime cod fish finger in a gluten free crumb with tartare sauce and a hint of lemon

## FOREST CLASSICS

Freshly prepared favourites to enjoy in the forest.

### Stone baked lasagne 1,066kcal £13.50

Aberdeen Angus beef with garlic ciabatta, forest slaw and a light salad

### Sausage and mash VEO 695kcal £12.00

Three pork sausages, creamy mashed potato with rich gravy and peas, topped with pickled pink onions

### Chicken tikka masala 1,078kcal £11.00

With boiled rice and garlic naan

### British chicken, ham hock and leek pie 995kcal £14.00

In a creamy sauce, wrapped in a thin butter shortcrust pastry with mash, peas and gravy

### Mushroom and leek pie VE, GF 882kcal £14.00

A mix of mushrooms, leeks and onions in a mushroom sauce made from soya milk. Open-topped with a crumb, pumpkin and sunflower seed shortcrust pastry, served with baked potato, peas and gravy

## PIZZAS

Baked on a 12" fresh dough pizza base with tomato sauce and blended mozzarella. Choose from our delicious toppings:



WE HAVE GLUTEN FREE BASES AND TOPPINGS

ask our team for details

### Classic margherita V, GFO 1,356kcal £12.50

### Vegan margherita VE, GFO 919kcal £13.00

### Pepperoni GFO 1,537kcal £14.50

### BBQ chicken, streaky bacon, peppers and sweetcorn GFO 1,686kcal £15.50

### Sweet chilli chicken and peppers GFO 1,579kcal £14.50

### Spicy beef, jalapeño and pickled red onion GFO 1,380kcal £15.50

### Farmhouse (ham & mushroom) GFO 1,448kcal £13.00

### Hawaiian (ham & pineapple) GFO 1,486kcal £14.00

### The Feast GFO 1,728kcal £16.00

Our hero pizza, topped with pepperoni, BBQ chicken, spicy beef, ham and beef tomato



Don't forget to add extras!

## EXTRAS

### Skin-on fries VE 346kcal £3.75

### Sweet potato wedges VE 234kcal £3.75

### Panko-breaded onion rings VE 400kcal £3.75

### Garlic ciabatta V 391kcal £4.00

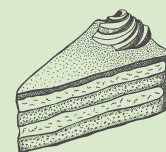
### Garlic and mozzarella ciabatta V 545kcal £5.00

### Forest slaw VE 323kcal £3.00

### Watercress, rocket, feta and dill salad V 353kcal £4.00

## TREAT YOURSELF

Don't forget to have a peek at our counter for cakes and treats to eat in or grab and go. It changes day to day so there's always something for everyone.



We love to hear your feedback

Help us improve our service and offerings by letting us know how your meal was. Scan the QR code here.

# SOMETHING TO DRINK

## SOFT DRINKS

Coke	£3.40	
Diet Coke	£3.30	
Coke Zero	£3.30	
Sprite Zero	£3.40	
Fanta	£3.40	
Appletiser	£3.35	
Frobishers Fusions	£3.35	
Apple & raspberry or orange & passionfruit		
Capri Sun Orange	£2.40	
Pip Organic	£2.10	
Blackcurrant & raspberry, cloudy apple or orange & mango		

## MILKSHAKES *made with local ice cream*

### Choose from:

Chocolate 623kcal, strawberry 568kcal, or vanilla 568kcal **£4.00**

## ICED COFFEE

Iced Latte 140Kcal	£3.50
Iced Americano 2kcal	£3.20

## LOOKING FOR WINE, PROSECCO, CHAMPAGNE OR A LOCAL TIPPLE?

*Just ask the team what's available*



## BOTTLED BEER & CIDER

Peroni 330ml <i>Gluten Free</i>	£4.15
Peroni Libera 0% 330ml	£4.15
Corona 330ml	£4.15
Budweiser 330ml	£4.15
Grolsch 450ml	£4.75
Asahi Super Dry Premium Lager 330ml	£4.15
Brewdog IPA 330ml	£4.15
Cornish Orchards Gold 500ml	£5.00
Kopparberg Mixed Fruit 500ml	£5.00
Kopparberg Strawberry & Lime 500ml	£5.00

## ON DRAUGHT

	Half	Pint
Peroni	£3.15	£6.00
Meantime London Pale Ale	£3.00	£5.50
Cornish Orchards Gold	£2.95	£5.25

## WHISKEY

	Single	Double
Jameson Irish Whiskey	£4.90	£8.15
Dalwhinnie 15 year old	£7.30	£12.50

## HOT DRINKS

	Regular	Large
Espresso	£2.70 2kcal	
Flat White	£3.20 118kcal	
Americano	£2.90 2kcal	£3.20 3kcal
Cappuccino	£3.20 118kcal	£3.50 140kcal
Latte	£3.20 140kcal	£3.50 170kcal
Mocha	£3.55 162kcal	£3.85 192kcal
Hazelnut Cappuccino	£3.85 145kcal	£4.25 167kcal
Caramel Latte	£3.85 167kcal	£4.25 197kcal
Babyccino	£1.30 46kcal	
Tea	£2.50 0kcal	
Choose from Earl Grey, English Breakfast or a range of herbal teas		
Classic Hot Chocolate	£3.30 159kcal	£3.70 189kcal
Ultimate Hot Chocolate	£3.70 259kcal	£4.10 305kcal
Served with marshmallows and whipped cream		



## *Make it yours...*

Syrup shots 27kcal	65p
Choose from vanilla, caramel or hazelnut	
Non-dairy milk	Free!
Choose from oat -8kcal, almond -132kcal or soya milk -16kcal	
Cream 26kcal	65p
Extra coffee shot 1kcal	£1.20

## SPIRITS

	Single	Double
Absolut Vodka	£3.70	£6.05
Grey Goose Vodka	£4.60	£7.35
Bacardi Carta Blanca	£3.50	£6.30
The Kraken Black Spiced Rum	£4.15	£6.80
Courvoisier	£4.15	£6.80
Disaronno Amaretto	£3.70	£6.05
Malibu	£3.40	£5.55
Baileys	£4.60	£7.25

## GIN

	Single	Double
Bombay Sapphire	£3.95	£6.30
Pinkster	£4.55	£7.35
Whitley Neil Rhubarb & Ginger Gin	£4.15	£6.80
Served with frozen berries and ginger ale		

## MIXERS

Schweppes tonic (Indian or slimline)	£2.30
Fevertree refreshingly light tonic	£2.75
Please ask about our selection	

ALCOHOL FREE COCKTAILS £3.95

*Ask for the flavours*

# JUST FOR KIDS

A yummy menu for mini explorers.

Breakfast is served until 11:30am. Mains are served from 12pm.



## BREAKFAST

**Mini full breakfast** VEO 498kcal **£6.50**

Bacon, sausage, tomato, beans, egg and toast with butter

**Stacked breakfast sandwiches**

Choose from white or brown bread

Bacon with ketchup GFO 432kcal **£4.00**

Sausage with ketchup GFO 301kcal **£5.00**

Vegan sausage with ketchup VE 348kcal **£5.00**

**Beans on toast** VE 249kcal **£2.50**

**American-style waffle** VE **£5.00**

Choose from these toppings:

Nutella V 564kcal, berries VE 455kcal, or smoked bacon 510kcal

## PIZZAS

Tasty toppings served on a baked ciabatta base, with tomato sauce and melted mozzarella.

Served with your choice of tasty fries or a baked potato.

**Classic margherita** V, GFO 585kcal

**Vegan margherita** VE, GFO 431kcal

**Pepperoni** GFO 672kcal

**BBQ chicken** GFO 684kcal

All £8.00



## BURGERS

Our kids' burgers are bursting with flavour, served in a brioche bun with yummy fries and a mini salad.

**Beef** 560kcal  
113g beef patty

**Chicken tender** 609kcal

**Veggie** V 578kcal

All £7.00



## FOREST CLASSICS

Mini meals and forest favourites that really fuel the fun.

All £7.00

**Sausage, mash and beans** GFO 366kcal

**Chicken tenders, chips\* and beans** 592kcal

**Vegan nuggets, chips\* and beans** VE 436kcal

**Baked potato with beans** VE, GFO 386kcal

**Baked potato with tuna mayonnaise** GFO 445kcal

\*Chips can be swapped with baked potato 300kcal if preferred.



## KIDS' DRINKS

Capri Sun blackcurrant, tropical or orange

Pip Organic cloudy apple

Pip Organic blackcurrant & raspberry

Pip Organic orange & mango

All £2.00

## ICE CREAM

Add on a scoop of local ice cream for dessert, for just £1.20 extra when you order your kids' main.

Speak to the team for the nutritional information.



## OUR HAND-PICKED SUPPLIERS

We love celebrating and supporting local at each of our locations, and we're proud to source quality ingredients from across England, Scotland and Wales to bring you the best of British ingredients.

They're all prepared and delivered by carefully selected suppliers who share our values: good food, that's good for people and the planet.

Find out more about how we support communities by visiting [forestholidays.co.uk/about](https://forestholidays.co.uk/about)

Certified



Corporation

## ALLERGENS & NUTRITIONAL INFORMATION

All of our food is prepared in our kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all of the ingredients used in our dishes. If you have a food allergy, please let us know before ordering. Full allergen information is available at [forestholidays.co.uk/food-and-drink](https://forestholidays.co.uk/food-and-drink)

All vegetarian and vegan foods are prepared in the same kitchen alongside the rest of our menu. Our gluten free options are highlighted on this menu, but if you have any queries please speak to a member of the team.

VO Vegetarian option, V Vegetarian dishes, VEO Vegan option, VE Vegan dishes, GF Gluten-Free dishes, GFO Gluten-Free option